

Shri Jain Public School

Let's enjoy SUMMER with creative and fun filled activities

CLASS 3



How can you contribute to make the world clean and beautiful? Express your ideas in a form of poster and share it in your class whatsapp group on 4 June'21 between 5:00 to 6:00 pm on the eve of World Environment Day.



Due to COVID -19 it is compulsory to wear mask outside. Write the benefits of wearing a mask and washing your hands regularly.



Follow fitness mantras along with your family members during this summer .The following asanas are suggested for your physical, emotional and mental well-being .

- 1.Tadasana:- Develop physical and mental balance
- 2.Pada Hastasana:- Makes the body flexible
- 3.Trikonasana:- Helps in enhancing height
- 4.Sukhasana:-Calms your mind

Take a family pic of any of the above mentioned asana and share it in your class Whatsapp group on 19 June' 21 between 5:00 to 6:00 pm.



During lockdown,you are spending your complete day at home.Enlist the ways you are helping the family members.

TEAM JPS